

Program Resources United Way of Laramie County End-of Year Report

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Agency Name: Peak Wellness Center Program: Eastern Laramie County Out-reach Reporting Period: Jan - Dec 2009

Contact Person: Linda Goodman, M.S., LPC, Laramie County Clinic Director Phone: 307-634-9653 E-mail: _____

Agency Mission/Vision: To provide accessible services to residents of eastern Laramie County where services are limited and where travel to Cheyenne may cause financial burden or work/school disruption.

Community Issue Program Targets: Helping children and youth achieve their full potential and assisting people and families live in a healthy and safe community where they have adequate resources to pursue their full potential

Program Target Population:

- Children and Youth of Eastern Laramie County ages 7-18 are currently receiving services
- Children and youth with serious emotional disorders
- Children and youth identified with behavioral challenges
- Children and youth encountering family disturbances
- Children and youth identified as being at risk for drug and alcohol use
- Youth identified as at risk for dropping out of school
- Children and youth who are unable to remain in a traditional education setting due to impulsive behaviors or reactive behaviors
- Children and youth who are identified as being at increased risk for early use of drugs and alcohol due to familial factors/history
- Children and youth who are identified as being at increased risk to drop out of school (frequent suspensions, excessive absences, expulsions)
- Age; Problem behaviors; Diagnostics

An example of this: a group was formed with boys close to same age with Asperger's or Autism which influenced design and purpose of group

Program Significance to the Community

- Helping children and youth achieve their full potential
- Helping people live in a healthy and safe environment where they have adequate resources to pursue their full potential
- Accessibility of mental health and substance abuse services to neighbors in crisis in outlying areas of our community/county
- Recognition of need to minimize time missed from school or work
- Affordable mental health and substance abuse services availability without hardship of transportation needs and costs
- Children and youth have access to affordable psychiatric care
- Established need for mental health and substance abuse services in this population
- Access to services and treatment which is not available in their communities without PWC
- Acquisition of life skills promoting healthier choices and living skills necessary to help children and youth achieve their full potential
- Interventions resulting in decreased problem behaviors in classroom settings
- Decreased disruptions in classrooms
- Improved relationships with peers, school staff
- Decreased suspensions/expulsions
- Significant increase in children and youth indentified with behavioral challenges
- Increase in kids with connections to probation and parole

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Program Resources		Program Activities	
<ul style="list-style-type: none"> • Staff:1 FTE and 1PTE • Facilities: 2 offices, 2 computers, copier, phones • Collaboration with: School District Personnel • Collaboration with: Local Law Enforcement Personnel • Public Health Office • Local Physicians • LCCC • Department of Family Services 		<ul style="list-style-type: none"> • Community Based treatment services both at the school and in the home • Prevention services provided in the schools and other off site locations • Individual and family treatment services • Emergency crisis response and intervention 	
Outcome	Performance Measure	Method of Measure	
<ul style="list-style-type: none"> • Consumer response and stabilization • Stabilized in least restrictive and safest environment • Crisis and after care plans were developed 	<ul style="list-style-type: none"> • Record review through quality assurance process • Assessment and treatment planning • Transitional and Discharge planning • Outreach contact information • Clinical incident review for all cases deemed critical 	<ul style="list-style-type: none"> • Outcome data obtained through electronic record monitoring system • Outcomes measured through State of Wyoming Information System (WYPOMS) • Administration of Pre and Post test for LSTQ/ES (Life Skills Training Questionnaire) 	
Program Results		Results Analysis and Next Steps	
<ul style="list-style-type: none"> • 60 Cases were identified and opened during this reporting period • 45 of them remain open at this time • 702 hours of individual and group were provided • 23.5 hours of prevention were provided • Service delivery is exceptional due to services being provided on site with minimal disruption to the students • Service delivery is timely due to services being on site • Immediate access to services due to services being on site • Have testimonials from school personnel as to the quality of services provided • Asperger's/Autism group was able to have a normalized outing/activity focused on developing new skills— they went on a fishing outing beginning with tying their flies, obtaining their own licenses, buying their own equipment and participating in a group outing with positive outcomes and improved relationships • A student who had been removed from numerous schools out of state has been able to remain in school for 2 years and is passing all of his classes • Improved interactions between students and school staff • Increased family involvement • Improved school performance • NO student receiving services through this program dropped out of school in this year 		<p>Eastern Laramie County Outreach worked very well as reported and indicated by :</p> <ul style="list-style-type: none"> • Testimonials from educational staff working with the identified children and youth • Zero drop- out rate for children and youth benefitting from services received during reporting year • Children and youth achieving their full potential • Increased community safety • Fewer classroom disruptions, incident's of fighting, staff exposure to physical risks <p>Eastern Laramie County Outreach components could have worked better if there was additional money to increase the amount of services availability including:</p> <ul style="list-style-type: none"> • Additional staff • Expanded hours • Expanded sites/accessibility • Additional resources for consumers • Data analysis indicates services being provided are effective, necessary and producing desired outcomes • Based on data analysis we will identify which services are most necessary and effective and attempt to maintain them despite having a reduction in availability due to loss of funding 	